

**Position:** Yoga Instructor (Hatha, Vinyasa, Meditation)

**Class Time/s:** Wednesdays from 7:30-8:45 PM; additional classes to be added after trial period

**Compensation:** Pay-per-class, dependent on qualifications

One Yoga is a nonprofit organization located in the wedge neighborhood of Minneapolis with the mission of making yoga accessible to all. Our focus is on connecting mind, body, and community through authentic yoga practices and meditation. We offer daily classes in our studio and partner with other nonprofit and community organizations to bring the healing benefits of yoga to underserved populations. We have over 2,000 students and have a collaborative leadership model through which our instructors are empowered to participate in organizational decision making, develop and implement innovative programming ideas, and take on leadership roles to help guide and serve our community.

One Yoga is looking to add an experienced yoga instructor to our core teaching team. This instructor would fill a Wednesday teaching time slot from 7:30 – 8:45 PM and would be offered additional teaching time slots after an initial trial period of up to three months. Specifically, we are looking for instructors who have at least three years prior experience teaching either Hatha and/or Vinyasa style yoga. Meditation practice and teaching experience is preferred. We offer competitive pay and the opportunity to participate in a vibrant and compassionate community. This is a contract position and pay is dependent on qualifications.

#### **Responsibilities:**

- Instruct regular yoga classes and workshops to a diverse community of practitioners
- Check students in for classes using MindBody Online and provide excellent customer service
- Build our community by drawing in new and diverse students to the studio
- Foster a regular student base within our community

#### **Skills Needed:**

- Multi-level training and at least three years of experience teaching Hatha and/or Vinyasa style yoga
- Passionate about One Yoga's mission of making yoga accessible to all
- Proof of personal liability insurance in the amount of \$1 million

#### **Skills wanted:**

- Meditation practice and teaching experience
- Existing student base in the Twin Cities metro
- American Red Cross First Aid / CPR / AED certified

**To Apply:** Submit resume and cover letter to [apply@one-yoga.org](mailto:apply@one-yoga.org). Position open until filled.

*One Yoga is an Equal Opportunity Employer. We consistently work to make our community a stronger, more equitable place. In order to fulfill our mission, we understand that employing a diverse team of knowledgeable, passionate individuals who reflect our community is vital. To that end, the One Yoga staff and teachers consistently works to ensure that our recruiting activities and hiring plan align with our commitment to equitable hiring practices.*